

WELCOME

DIVORCE/CUSTODY

HERE IS A LIST OF ITEMS WE WILL NEED TO GET STARTED.

Ask your attorney-mediator if you any questions about the information below. We are here to help make this process easier for you and your family. If you are looking for a resource that isn't here— just give us a call at 203.245.5925.

Getting Started:

If you have kids under 18, sign up for the State of Connecticut's required parenting education classes.
www.jud.ct.gov/publications/fm15

Get copies of your recent paystubs and your tax returns from the last three years. If you don't have them at home, request copies from the IRS.
www.irs.gov/taxtopics/tc156.html

Make a list of your debts. Gather any bills you have (credit card, car loan, mortgage, etc.) that show a current balance. It will also help if you get a copy of your credit report, so that you know your list is accurate.
www.equifax.com

Collect statements for all accounts maintained with a financial institution (checking, savings, money market accounts) for the past 2 years.

Start making a list of your assets. Everything you own with a value over \$1000 (not including furnishings or common household items.) There are websites that will help you get a rough estimate of what your stuff is worth. Kelley's Blue Book and Edmunds.com can give you car values. Zillow can give an approximate value for your home.

You'll need to know what assets you have for retirement, so gather any statements regarding your retirement accounts or pension.

Find a statement for any life insurance held by you or your spouse.

Request a summary of your medical insurance policy, including cost, benefits, & COBRA costs from your employer.

Helping your children thrive:

It's never too early to help your kids! Utilize tools that will help you build good co-parenting partnerships by focusing on your children's specific needs.

Find free resources on the web to help your children understand divorce like www.uptoparents.org or www.afccnet.org/ResourceCenter/ResourcesforFamilies/SesameStreet

Use a website that helps you organize your shared parenting and reduce conflict between you and your co-parent. We recommend www.ourfamilywizard.com

Create a shared calendar to help with co-parenting. There are plenty of free calendars out there.
www.cofamilies.com

CALL US ANYTIME WITH QUESTIONS!

Use the information above to complete our financial questionnaire and return it to Lafferty & Martin. The sooner you get the information listed above to us, the better! Call or email us. If you don't hear back in one day- please call again.

IMPORTANT NOTE: Don't forget to keep us up-to-date. If ANYTHING changes let us know immediately.

